

Services Requiring Pre-Authorization

	Non-Network – 134.600(p)	Network – 413.014; TIC 1305; 28 TAC 10(Subchapter F)
Hospital/ Inpatient	Non-emergency inpatient admissions (including principal scheduled procedure and length of stay.)	Same + all nursing home/ convalescent/ services.
Surgery	Outpatient surgical or ambulatory surgical services. Spinal surgery. Bone growth stimulators would be covered as part of the surgery so no discrepancy.	Same, and specifies that radiological cryotherapy, manipulation under anesthesia, and certain injections (see below) are classified as surgery. All implantable Bone Growth Stimulators. All vertebral axial decompressions (Vax-D), radio frequency thermocoagulation of facet joints (RFTC), and IDET procedures;
Injections	May require pre-auth as outpatient surgical services, depending on billing and where injection is performed.	All ESI's, facet injections, trigger point injections, SI joint injections, prolotherapy injections, chemonucleolysis, and discograms.
Psych	Psych testing, psych therapy, repeat psych interviews, and biofeedback (unless part of a preauthorized or DWC exempted RTW program.)	Same (excluding an initial psych eval.)
Diagnostics	Repeat diagnostic study > \$350 per fee schedule, or without fee schedule value.	Same + All myelograms, discograms, venograms, surface electromyograms, EMGs, and nerve conduction studies.
PT/ OT/ Chiro/ home health / gym	PT/ OT/ Chiropractic PT/ Orthotics/ Prosthetics Management, except for the first 6 visits of PT/ OT within 2 weeks immediately following the DOI or date an approved surgery was performed.	Same + all home health/ residential treatment, and all gym memberships. Just requires for PT OT no specifics
Work Hardening/ Conditioning	Non-exempt (aka not CARF-certified) work hardening and work conditioning programs.	ALL work hardening and work conditioning programs, regardless of CARF certification.
Pain Management/ Other Programs	All Chronic Pain Management/ Interdisciplinary Pain Rehab programs.	Same + All chemical dependence and weight loss programs
DME	DME > \$500 billed charges per item (purchase or expected cumulative rental.) Bone Growth Stimulators would be covered as part of DME because they exceed \$500.00	Same + All Bone Growth Stimulators, and All TENS units/ neuromuscular stimulators/ inferential units
Rx	Drugs not included in the Division's Formulary (aka N-Drugs).	Same
Other		All chemonucleolysis, vertebral axial decompressions (Vax-D), radio frequency thermocoagulation of facet joints (RFTC), and IDET procedures.
Treatment Outside of ODG	All treatment that exceeds or is not addressed by ODG and which are not contained in a treatment plan that has been previously approved by Zenith. All investigational/ experimental services not yet broadly accepted as the prevailing standard of care.	Same
Investigational Treatment	Any investigational or experimental service or device for which there is early, developing scientific or clinical evidence demonstrating the potential efficacy of the treatment, service, or device that is not yet broadly accepted as the prevailing standard of care.	
Treatment for Disputed Body Parts/ Conditions	Any treatment for an injury or diagnosis that is not accepted by the carrier per §408.0042 and §126.14.	Same
Required Treatment Plans	Mandated UR	

Note: Emergency treatment does not require pre-authorization.

A to Z:

Non-Network	Network
Ambulatory Surgery Biofeedback Bone Growth Stimulators Chemonucleolysis Chiropractic Therapy* Chronic Pain Management Programs Diagnostics- repeat studies > \$350 Discograms DME > \$500 Experimental Treatment Hospital Admissions IDET Procedures Injections done in Outpatient Surgical Setting Inpatient Hospital Length of Stay Interdisciplinary Pain Rehab Programs Interferential Units > \$500 Investigational Treatment Manipulation Under Anesthesia N-Drugs Neuromuscular Stimulators > \$500 Occupational Therapy* Orthotics Management* Outpatient Surgery Physical Therapy* Prosthetics Management* Psych Interviews- Repeat Psych Testing Psych Therapy, Chemical Dependency Programs, Radiofrequency Thermocoagulation (RFTC) Radiological Cryotherapy Repeat Psych Interviews Rx outside of ODG (N-Drugs) Spinal Surgery Surface EMG Surgery Treatment for disputed conditions Treatment Outside of ODG Vertebral Axis Decompression (Vax-D) Work Conditioning- unless CARF certified Work Hardening- unless CARF certified	Ambulatory Surgery Biofeedback Bone Growth Stimulators Chemical Dependence Programs Chemonucleolysis Chiropractic Therapy* Chronic Pain Management Programs Convalescent Services CT Myelograms Diagnostics- repeat studies > \$350 Discograms DME > \$500 billed charges EMGs (Electromyograms) ESI's (Epidural Steroid Injections) Experimental Treatment Facet Injections Gym Memberships Home Health Services Hospital Admissions IDET Procedures Inferential Units Injections done in Outpatient Surgical Setting Inpatient Hospital Length of Stay Interdisciplinary Pain Rehab Programs Investigational Treatment Manipulation Under Anesthesia Myelograms N-Drugs Nerve Conduction Studies (NCS, NCV) Neuromuscular Stimulators Nursing Home Stays Occupational Therapy* Orthotics Management* Outpatient Surgery Physical Therapy* Prolotherapy Injections Prosthetics Management* Psych Interviews- Repeat Psych Testing Psych Therapy Radio Frequency Thermocoagulation (RFTC) Radiological Cryotherapy Repeat Psych Interviews Residential Treatment/ Services Rx outside of ODG (N-Drugs) Sacroiliac (SI) Joint Injections Spinal Surgery Surface EMGs Surgery TENS Units Treatment for disputed conditions Treatment Outside of ODG Trigger Point Injections Vertebral Axial Decompressions (Vax-D) Weight Loss Programs Work Conditioning (even if CARF certified) Work Hardening (even if CARF certified)

* Beyond up to 6 sessions performed within 2 weeks of DOI/ Date of approved surgery