



PRESS RELEASE

BUSINESS & FINANCIAL EDITORS
FOR IMMEDIATE RELEASE

WILLIAM J. OWEN
Senior Vice President,
Investor Relations
818-676-3936

ZENITH ANNOUNCES EARNINGS RELEASE DATE

WOODLAND HILLS, CALIFORNIA, January 19, 2010 Zenith National Insurance Corp. (NYSE:ZNT) announced today that it plans to release fourth quarter and year end 2009 financial results on January 28, 2010 at the end of its business day.