



PRESS RELEASE

BUSINESS & FINANCIAL EDITORS
FOR IMMEDIATE RELEASE

WILLIAM J. OWEN
Senior Vice President,
Investor Relations
818-676-3936

ZENITH ANNOUNCES EARNINGS RELEASE DATE

WOODLAND HILLS, CALIFORNIA, October 13, 2009 Zenith National Insurance Corp. (NYSE:ZNT) announced today that it plans to release third quarter 2009 financial results on October 20, 2009 after market hours.