



PRESS RELEASE

BUSINESS AND FINANCIAL EDITORS
FOR IMMEDIATE RELEASE

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ZENITH DECLARES QUARTERLY DIVIDEND

WOODLAND HILLS, CALIFORNIA, September 2, 2009

Zenith National Insurance Corp. (NYSE:ZNT) today declared a regular quarterly cash dividend of \$0.50 per share on its outstanding shares of common stock. The dividend is payable November 13, 2009 to stockholders of record at the close of business on October 30, 2009.

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